



Attention QHS Parents!

Sessions are being held just for you during the Parent-Teacher Conferences on Tuesday, November 3rd & Thursday, November 5th.

We want to help you help your teen succeed both in and out of the classroom. This may be the most challenging age to parent a child. Come and hear some advice from experts.

The Secret Life of the Teen Brain: Understanding and Keeping Sane

By Dr. Margie Williams, Professor of Nursing at Blessing Rieman

*This session will cover common myths and emerging facts about a teen's brain. Find out how you can help your teen be successful during these high school years, while protecting your own sanity. **Tuesday, Nov. 3rd, 5:45: - 6:15 p.m.***

Becoming a Love and Logic Parent: Introduction to a six week training

By Vicki Davis, Curriculum Coordinator @ the Early Childhood Center

*Catch a preview...while you learn a technique to stop arguing with your kids. This program is from the Love and Logic Institute, Inc. and Vicki is trained in all age levels of the program. She will help you learn some practical parenting skills that can be used immediately. Would you like your children to grow up respectful, responsible, and fun to be around? Then join us on **Thursday Nov. 5th, 5:45 p.m. - 6:15 p.m.***

John Wood Community College Programs

Know How 2 Go...Melanie Lechtenberg, Director of Financial Aid will overview the ***Know How 2 Go to College Program***. The four steps of this program include: 1) be a pain, 2) push yourself, 3) find the right fit, and 4) put your hands on the cash. Don't miss this essential advice if your student is planning to go to college.

Educational Talent Search Advisor, Cindy Unmisig will discuss the services available to students. This free program helps students figure out how to get to college, including campus visits, financial aid applications, and transition from high school to college. Join them on **Tuesday, Nov. 3rd & Thursday, Nov. 5th, 6:30 p.m. – 7:00 p.m.**

These sessions will be held in the Staff Cafeteria. A complimentary light supper and information about the After School Program will also be available. Please join us!